

Border Eagle

Laughlin Air Force Base, Texas ... Together we 'XL'



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Air Power

Quote of the Week

"Flying is an act of conquest, of defeating the most basic and powerful forces of nature. It unites the violent rage and brute power of jet engines with the infinitesimal tolerances of the cockpit."

—Thomas Petzinger Jr.

Laughlin celebrates Juneteenth

By Airman 1st Class
Brad Pettit

Editor

People from the Laughlin and local communities are invited to take part in a variety of festivities at the annual Juneteenth celebration in Del Rio Saturday.

Juneteenth, named an official Texas holiday in 1980, is a celebration linked to the signing of the Emancipation Proclamation, President Abraham Lincoln's executive order setting American slaves free.

Though the proclamation became

See 'Juneteenth,' page 5



Photo by Airman 1st Class Brad Pettit

Splish, splash

Capt. Mark Powers, 96th Flying Training Squadron instructor pilot, and his son, Jonathan, 7, spend some quality time at the Friendship Pool Thursday. With a high temperature of 108 degrees so far this spring – and Father's Day Sunday – the pool may be a popular place to relax and catch some rays.

New secretary outlines top three goals

By Staff Sgt. Amy Parr

Air Force Print News

New Air Force Secretary Dr. James G. Roche said he has three goals in the areas of strategy, careers and equipment.

"My first goal is clearly to work with the Air Force leadership to develop a strategy that is consistent with that of Secretary [of Defense Donald] Rumsfeld and President Bush for this era," he said. "We're in a new century, a new millennium, and it's appropriate to step back and take a look at what we're doing, where we're going and what our role is combined with the other forces."

"We can never win a war solely as an air force," he said. "We can work with the other services – Army, Navy and Marines – to jointly win a war. We have a key role to play, and understanding what that role is and making sure our colleagues in other services can depend upon us is terribly important."

His second goal focuses on careers.

"There are airmen who are leaving [the Air Force] about the middle point of their careers," he said. "So, that means there's something about our career development program we can work on to make better. We want service in the Air Force to be fulfilling for people throughout their whole career, not just for part of it."

The challenge is to make sure the Air Force has the talent it will need in the future, he said.

"We have to make sure a career as an airman is a wonderful career, something that someone wants to do, not a series of jobs they have to do," he said.

To better equip the Air Force, Roche said his third goal is to look at ways to be more efficient with staffs and overhead functions. He said he would also like to see more money moved to combat arms, making more funds

See 'Goals,' page 4

Commanders' Corner



By Maj. Joel Dickinson
47th Security Forces Squadron
commander

Base driving: *Not rocket science, just pay attention*

One of the great things about being at Laughlin is the size of the base and how quickly you can get from one place to another.

I recently did a test. I drove from the main gate to the West gate at noon during the week, driving 5 mph slower than the posted speed limit. Liberty to Arnold to Laughlin. Guess how long it took. Right at five minutes. No doubt going the speed limit would have put the trip under five minutes. That means from any point "A" to point "B" on this base will take under five minutes. What a convenience. That also tells me it is absolutely fruitless to speed on base. What's there to save

when the trip is under five minutes? You may shave five or 10 seconds off your trip, unless you get stopped by one of my folks.

The two most dangerous areas here are the housing area and base parking lots. Our speed limits inside base housing areas are 15 mph, and I have asked my folks to strictly enforce these speed limits. It's kind of hard to keep the speed so low, but for the safety of our residents I ask you to make every effort to

keep your speed down. I also see a danger in the way some folks maneuver past yield signs in housing. All too often I see people approach the intersection, turn their head fully to the left to check for oncoming traffic and proceed well into the intersection before looking back from the left. I cringe each time I see this and just pray some kid isn't flying down the sidewalk on a bike from the right because he would never be

"It's kind of hard to keep the speed so low, but for the safety of our residents I ask you to make every effort to keep your speed down."

See 'Driving,' page 3

Top Three Talk



By Master Sgt. Milton Cornelius
47th Supply Squadron fuels quality assurance evaluator

Pumping gas for Air Force more than meets the eye

When I entered the Air Force as a fuels specialist, I had no idea how satisfying a career I would enjoy.

I can remember thinking to myself shortly after completing basic training, why did I join the Air Force to pump gas? I could have done this for Texaco. But my whole perspective would soon change.

As an airman, my job was simple — gas aircraft as quickly and safely as possible. I spent the majority of

my time on the flightline up close and personal with some of the most sophisticated aircraft in the world. I must have serviced them all: F-15 Eagles, U-2 Dragon Ladies, F-117 Nighthawks, MiG-29 Fulcrums and even Air Force One.

The work was repetitive, but it didn't matter. Just hearing and seeing the results roaring down the runway always gave me a tremendous sense of accomplishment. Still more rewarding for me was performing these duties for my country in times of conflict. Fueling aircraft and watching CNN later report a raid on Tripoli, bombs dropped on Iraq, or military targets demolished in Kosovo provided me a sense of accomplishment like none I'd ever felt before. For me, this and being a part of a world-renowned and respected team

was a good enough reason to stay in the Air Force. However, military benefits also played a role in my decision-making process.

World travel, secure living environment, education and pension are just a few benefits I've enjoyed and look forward to as a military member. Since joining the Air Force, I've traveled places and experienced cultures many Americans can only dream about. I've crisscrossed the United States, hopped around Europe and endured Saudi Arabia. I relish the fact that many of the places I've traveled are still considered grand prize vacations on popular television game shows. London, Paris, Munich, Venice, and Reno are just a few places I've had the pleasure of touring.

Still, another benefit I've enjoyed as an Air Force member is the safe

living environment provided on base. The level of security I've enjoyed for many years, free of charge, has been sought after and paid for dearly by wealthy civilians choosing to reside in gated communities. Additionally, higher education at discounted prices gave me more reason to stay in. Attending college for 25 percent of the actual cost was an opportunity I couldn't afford to miss out on.

And finally, perhaps one of the most influential benefits that tempted me to stay was military pension at age 38. Completing a career at that age, young enough to start a second career, just didn't sound like a bad idea to me.

I've seen many Air Force members agonize over whether to stay or go, but for me the decision to stay blue was easy.

Col. Jack Egginton
Commander
1st Lt. Dawnita Parkinson
Public affairs chief
Airman 1st Class Brad Pettit
Editor

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Submissions can be e-mailed to:
bradley.pettit@laughlin.af.mil or
reginal.woodruff@laughlin.af.mil

"Excellence — not our goal, but our standard."

— 47 FTW motto

'Driving,' from page 2

seen with the driver looking left.

Please, even at a yield, slow down enough to check both ways before your front end enters the intersection.

Parking lots are a problem because a majority of our accidents on base involve inattentive backing. This can be easily avoided. If you're not in a hurry and you check the area around your vehicle and slowly back out, you should be fine if someone isn't speeding in the lot. The speed limit in base parking lots is 5 mph. By driving that speed, even if someone is not paying attention, there should be plenty of time to stop. I've got two serious blind spots with my truck and have to really check well when I back up. I think this helps me be safer because I have to lean all over to make sure all is clear. Be aware of any blind spots you may have and check them well.

One last issue is that we have had two major accidents recently that involved people reaching for something on the floorboard while driving. One lost control and flipped the vehicle when looking down for "just a second." The other blew a speed limit sign and T-boned another car at 30 mph. Fortunately, no one was seriously injured, but there are three fewer cars on base now.

If something falls on the floor, just let it stay there until you can stop and safely retrieve it. That includes ID cards when approaching the gate. You wouldn't believe the things we see when people are still driving and digging for the ID card.

Driving here on Laughlin isn't rocket science, but does require concentration. Every accident we have had here was avoidable with just a little paying attention. Keep it between the lines, be completely aware of your surroundings and keep it below the speed limit, and we will all be better off.

Accidents do happen

Easter tragedy a reminder to buckle up

By Staff Sgt. Mike Hammond
349th Recruiting Squadron public affairs

TINKER AIR FORCE BASE, Okla. — It was a cool, sunny Easter morning. Just out of church, I watched my little boy participate in an Easter egg hunt. It was a joyful event, with all the little kids running around wildly searching for what the Easter bunny left.

Nine miles down the road from that beautiful scene, a sobering and totally different sight awaited my family and me.

As I returned home, I saw traffic slowing on the interstate. I knew there must have been an accident, I just didn't know what I was going to see when I got up there.

As it turned out, I was among the first passers-by to approach the collision site.

As I ran up to help (emergency crews weren't there yet), there were a few things I noticed. First, Ford Tempos are not, to my knowledge, available as a convertible. This one, however, was missing its top. The next thing I noticed was the driver. A woman who appeared to be in her early 30s was unconscious in the driver's seat, and there was blood, debris and engine coolant all over the place. She had no pulse, and we couldn't get her out of the car because of how mangled it was.

As we struggled to open the door enough to pull her out and thus be able to perform CPR, the

emergency crews arrived. They used the jaws of life to free her and began trying to bring her back. I knelt by her on that highway and held her head steady during the compressions and continued until we stabilized her in an ambulance. I looked at her bleeding, lifeless face and body and it just struck me that death can come to you any time and any place. She died there on that highway on Easter morning. No one could save her.

One visibly upset person approached the scene. He said something that made me feel even worse about the situation. He said he had been trying to alert the police for the last 50 miles to stop that lady — she was driving extremely fast and erratically, as if she were drunk, he claimed.

Whether she was drunk or not, I don't know. But I do know she ran into the back of a moving tractor trailer at such a high rate of speed that it nearly tore her car in two — and ended her life.

The summer months are when we see the most tragedies occur — the 101 Critical Days. I got my safety lesson early when I went from witnessing a scene of joy and happiness to seeing someone's mother, daughter or sister die because she was driving fast and recklessly.

Please share this lesson with me: buckle up, drive safe and never drive drunk. And be careful out there in whatever you do this summer — and always.

"I got my safety lesson early when I went from witnessing a scene of joy and happiness to seeing someone's mother, daughter or sister die..."

Fraud, Waste and Abuse is everyone's problem... If you know of or suspect Fraud, Waste and Abuse, call the FWA hotline at 298-4170.

Actionline

298-5351

This column is one way to work through problems that haven't been solved through normal channels. By leaving your name and phone number, you are assured of a timely personal

reply. It's also very useful in case more information is needed in order to pursue your inquiry. If you give your name, we will make every attempt to ensure confidentiality when appropriate.

If your question relates to the general interest of the people of Laughlin, the question and answer may also be printed in the Border Eagle. Before you call the Actionline, please try to work the problem out through the normal chain of command or directly with the base agency involved.

Thanks for your cooperation and I look forward to reading some quality ideas and suggestions.



Col. Jack Egginton
47 FTW commander

AAFES	298-3176
Accounting and Finance	298-5204
Civil Engineer	298-5252
Civilian Personnel	298-5299
Commissary	298-5815
Dormitory manager	298-5213
Hospital	298-6311
Housing	298-5904
Legal	298-5172
Military Personnel	298-5073
Public Affairs	298-5988
Security Forces	298-5900
Services	298-5810
Military Equal Opportunity	298-5400
Equal Employment Opportunity	298-5879
FWA hotline	298-4170

Information Assurance Year promotes computer security

Compiled from staff reports

With 2001 named Information Assurance Year, average computer users are being encouraged to help secure the base network. Without the efforts of every Laughlin computer user, the system would be at a higher risk and subject to hackers and viruses.

One of the first things the average user can do to protect the network is create a password that is difficult to exploit. Passwords should consist of at least eight alphanumeric characters, upper and lower case letters and at least one special function key (i.e. !, @, #, etc.). Nicknames, children's birthdays, anniversaries, or anything else that might lead to a person's identity should be avoided. One should refrain from using actual words, constructing a password from parts of several words.

Once an acceptable password is created, the next step is to make

sure not to write it down and leave it unattended where it may be found. The best method is memorization; otherwise, it should remain on the person or locked in a cabinet, preferably away from his or her computer terminal.

Password-protected screen savers are also important. When computer users are going to be away from their terminal for even a short period of time, their screensaver passwords should be implemented. Anybody passing by an unattended terminal with no password-protected screensaver could get on the computer and do significant damage.

People should not rely on co-workers to watch their computers – the responsibility for safeguarding any terminal falls solely on the shoulders of the individual who is logged in.

Most people think of hackers as people outside the base network trying to get in. However, many experts say the serious dan-

ger comes from internal hackers. An unattended computer terminal connected to the base network is an "open invitation" for an internal computer hacker.

The ultimate success or failure of the anti-virus program ultimately resides at the hands of the individual user. The individual user must ensure signature definition file updates are updated on his or her computer as soon as they are received. He or she must make sure they have programmed their computers to scan for viruses on a daily basis. This same principle applies to patches as well. All updates and preventive patches will not do any good if they are not immediately and correctly implemented.

If individual computer users didn't adhere to strict disciplines to ensure information systems are on-target, accomplishing the mission would probably be very difficult. A risk accepted by one is a risk imposed on all.

Antiterrorism tips

- When traveling abroad, sanitize yourself of anything that openly associates you with the United States Air Force or the armed services.
- Never travel on military orders alone.
- Maintain a civilian passport.
- Conceal orders and military identification cards. Keep them separate from civilian identification and travel papers.
- Limit your conversation concerning your military affiliation with fellow travelers.

'Goals,' from page 1

available to repair materials and provide spare parts.

However, "that's just not a matter of asking Congress for more money, it's also a matter of looking to see how we can improve our processes and be more efficient," he said.

Roche looks forward to meeting and working with the men and women of the Air Force and to the challenge ahead, he said.

"This is something I never thought I would do or be asked to do," he said. "This is going to be the high point of my career — and I've had a very rich, fascinating career to date. But boy, this is something I wanted to do, and it's going to be great!"

Items needed for troops

The 47th Security Forces Squadron is asking for donations to fill "care packages" that will be sent to the unit's 16 deployed members in Saudi Arabia.

Suggestions of items that travel well are microwave popcorn, powdered Kool-Aid (sweetened), containers to mix Kool-Aid in, candy, jerky, cookies, Pop Top fruit or pudding cups, various nuts, Trail Mix, crossword puzzle books, reading material. Chips, pretzels or Pringles are not recommended as they do not travel well. Notes, cards or letters expressing support also are encouraged.

Packages may be dropped off at the 47th SFS commander's office in building 140, or you may call 298-5190/5100 and someone will pick up the items. The deadline to turn in items is June 30 so the deployed troops can receive the care packages at the tour's halfway point. The 47th SFS appreciates the support of the Laughlin community.

Equipment data on Web

Laughlin units can now select excess auto-

Newslines

matic data processing equipment on-line. To find out what's available, log on to www.laughlin.af.mil and click on "ADPE." Next, click on the drop down list and select your particular organization/office symbol. You can add items to your organization's account by clicking "add."

For more information, call Frank Valdez at 298-5040.

Appointments encouraged

The relocation and employment section of the military personnel flight is transitioning to an appointment system July 1. Appointments are preferred over walk-in visits. To schedule appointments, refer to the following:

Employments, 298-5074
Permanent-party outbound assignments, 298-5628
Student outbound assignments, 298-5409
Retirements and separations, 298-4393
Formal training, 298-5074

For more information, call Capt. Kelly Primus at 298-5073 or 2nd Lt. Kelly Baker at 298-5487.

Focus group to meet

The Commissary Focus Group will meet at 1 p.m. June 26. All are encouraged to attend. There will be a Sea Pack frozen fish presentation and product sampling.

For more information, call Roger Pastrano at 298-5822.

Computer tutorial available

This year's Information Assurance focus of user responsibilities has been enhanced with a training aid that has been implemented on the Laughlin home page. Air Education and Training Command, this month's host, has purchased and prepared an informative tutorial module, titled Security Awareness for Everyone (S-A-F-E), which addresses areas that are of great importance to the security of our information systems.

For more information, call Frederick Ervin at 298-4271.

'Juneteenth,' from page 1

effective Jan. 1, 1863, word of it didn't reach Texas until June 19, 1865, when Maj. Gen. Gordon Granger and Union troops landed at Galveston and announced that the Civil War was over and that black men and women were no longer to be held in bondage.

A parade will kick off the downtown celebration at 10 a.m. Saturday at the corner of Academy and Main streets, turning right at the railroad station, and proceeding down Ogden Street to Moore Park. At Moore Park, a barbecue with many trimmings, display booths and music by Carol Fran, a Houston blues and jazz singer, will be available. Col. Jack Egginton, 47th Flying Training Wing commander, and Del Rio Mayor Dora Alcala will be among the guest speakers for the event.

While the holiday is founded on the granting of freedom to African Americans, Jordan stressed that the celebration is not limited to any particular ethnic group.

"Freedom is what the celebration is about," said Joni Jordan, Juneteenth Celebration Committee chairperson. "It's time for people to break free from the mindset that these observances and holidays are only for a certain group of people. Freedom is something we all enjoy and should all celebrate."

Though Juneteenth originated in Texas, the celebration has spread to several other states and is also recognized at various military bases overseas.

"Juneteenth is about freedom and diversity," said Jordan. "That makes it applicable to everyone."

For more information on the Juneteenth celebration, call Joni Jordan at 298-5914.

Question of the week

**What does the U.S. flag
represent to you?**



**Master Sgt.
Kevin Smith**
*47th Operations Group
first sergeant*



Joann McClure
SATO Travel counselor

“Unity and pride for those who fought for our country and died in every war to maintain American freedoms.”

“Freedom, equal rights for everyone, and a representation of the men and women who have fought for our country.”



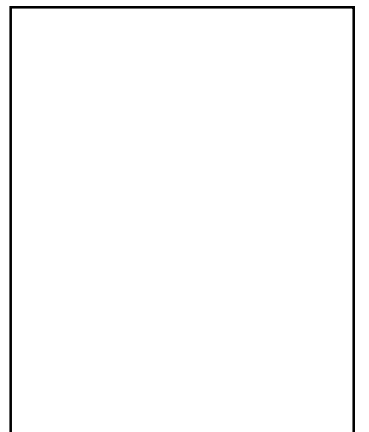
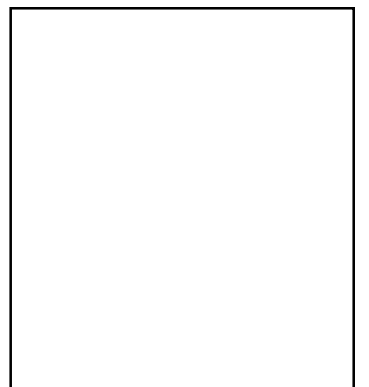
H.F. “Chip” Faver
*47th Services Division
Community Support
Flight chief*

“The idea that free men can live their lives without fear in a place where they can contribute to their own destiny.”

Poor
health,
lost
income,
jail,
discharge

Ecstasy?

Maybe
they
should
change the
name



The *XLer*

Hometown: San Angelo

Family: Wife, Theresa; son, Zachary; daughter, Alaina

Time at Laughlin: 2 years, 6 months

Time in service: 6 years, 5 months

Name one way to improve life at

Laughlin: Continue to renovate base housing

Greatest accomplishment: I have two: my son Zachary and my daughter Alaina.

Hobbies: Family time, softball, flag football and golf

Bad habit: Arguing

Favorite food: Enchiladas

Favorite beverage: Dr. Pepper

If you could spend one hour with any person, whom would it be and why? No one in particular



Photo by Airman 1st Class Brad Pettit

Staff Sgt. Adam Lewis

47th Flying Training Wing command post
senior controller

Chapel Schedule

Catholic

Sunday

-Mass, 9:30 a.m.
-Confession by appointment
-Little Rock Scripture Study, 11 a.m. in Chapel Fellowship Hall

Thursday

-Choir, 6 p.m.

Muslim

Dr. Mostafa Salama, call 768-9200

Jewish

Max Stool, call 775-4519

Protestant

Sunday

-General worship, 11 a.m.
-Sunday school, 9:30 a.m. at the Religious Education Building

Monday

Student Wives' Fellowship, 7-9 p.m. Call 298-7365.

Wednesday

- Women's Bible Study, 12:30-2:15 p.m. at Chapel
-Choir, 7 p.m. at Chapel

For more information on chapel events and services, call 298-5111.



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Photo by Dave Niebergall

Chief Master Sergeant Ignacio Reyes Jr. (left) and Brig. Gen. Stephen Polk, 19th Air Force commander, look at Reyes' retirement certificate.

Retired chief master sergeant calls supervision an accomplishment

By Tech. Sgt. Reginal Woodruff
Public affairs

During his 27-year Air Force career, Chief Master Sgt. Ignacio Reyes Jr., former 47th Operations Support Squadron Radar Approach Control chief controller, has received several awards, had many assignments and held numerous positions.

Of all his Air Force achievements, he said he considers being a good supervisor his most noteworthy accomplishment.

The recently retired chief said there were several people who supported him early in his career, paving the way for his success. He credits the skills he developed as a subordinate with helping him become a good supervisor.

"There were several NCOs throughout my career as an airman who guided and mentored me," said Reyes. "I could see their concern for me and [think], 'These people see things in me, more than what I see.' You've got to motivate yourself. If you are unsuccessful or miserable and don't do anything about it, then you're the problem, not your supervisor, not the circumstance."

According to Reyes, airmen should approach their supervisors and find out their expectations in relation to the airmen's goals.

"Sometimes you have to 'kick' your supervisor and say, 'Hello, I'm good,'" said the chief. "It's not a toot-your-horn type of thing, but it's that you have to speak up."

Senior noncommissioned officers are usually assigned to positions that remove them from the actual hands-on duties of a

job, he said. They are frequently involved with issues on a broader scale, which makes it easy to lose touch with the needs and desires of airmen.

"Even as a chief, I have to be able to get down to the scope, work airplanes and show the kids I can do [the job], too," said the former air traffic controller. "Not only is that an example, but it also puts you in the hot seat to see the things your people are going through. A lot of troops won't give you the good, bad and the ugly; they'll only give you the good."

"You can't just sit there with your cushy, desk job," he continued. "You have to get out there. On a recent contingency, I was out in the mud with the troops. You could see their faces saying, 'Wow, the chief is in the mud with us.'"

Reyes said Whit Peters, secretary of the Air Force at the time, toured the contingency area and, instead of the routine visit through the tent city, he went where the airmen were posted, lying in several inches of mud.

"It has to be genuine," said Reyes. "It can't be one of those shake-and-grin type things. When the troops see that you really care, they will do anything for you, as far as the job."

In retirement, the chief hopes the people he has supervised, whom he fondly refers to as "the new blood," will keep the Air Force moving forward with his continued help.

"My plan is to one way or another, keep making this Air Force even better," he said.

For the time being, Reyes plans to split his time between Del Rio and San Antonio.

Massage: historically proven remedy

By Kathy Dickinson

Licensed, registered massage therapist

Though many people throughout the world currently enjoy the benefits of massage, its distinct history dates back to very early societies.

Prehistoric artifacts support the belief that massage was used in primitive cultures. In these cultures, the practice of massage included a healer, spiritual leader or doctor who administered "healing power." British museum records also show that massage was central to Chinese medicine in 3,000 BC. Hippocrates practiced, wrote of and insisted all physicians be trained in the art of massage as a healing method. It was also used following both World wars I and II for rehabilitation and war-related injuries.

Therapeutic massage and other natural healing remedies were rejected during the 1940s with the explosion of pharmaceuticals. Consequently, persons with no education advertised for unscrupulous purposes – under the guise of massage.

However, massage enjoyed a resurgence of notoriety during the 1984 Los Angeles Summer Olympics.

Athletic trainers included massage in their training regimes and noticed a considerable difference in the performance and recovery of U.S.A. contenders.

During this period, the buzz-term "alternative medicine" emerged as a new methodology, and state governments actively mandated in-depth massage education and training as had been required at the turn of the century.

Today, professional sports consider massage essential to their training programs. Massage therapy is also used in prenatal medical care, in hospital delivery rooms and as a valuable tool for infant development. Physical therapy, occupational therapy, geriatric therapy and mental health therapy use healing massage techniques as well.

Therapeutic massage includes a number of disciplines sharing the use of pressure, friction and stretch to manipulate the body's soft tissue and joints for therapeutic response.

Wellness or preventive general health massage causes relaxation and relief from stress and its attendant aches: headaches, backaches, neckaches, anxiety, fatigue and insomnia. It breaks the "grip" of stress, the "strain" of tension. Chronically tense muscles restrict blood flow and fatigue the body. Massage improves physical energy, mental attention and mental retention. It also improves immune system function.

Rehabilitative massage quickens recovery from muscle injury and pain caused by accident or exercise. Massage provides blessed relief from muscular spasm, contracture, aches, stiffness or tightness. Because it increases vascular and lymph circulation, massage boosts the muscles' supply of healing nutrients and oxygen and speeds elimination of metabolic wastes.

Massage has a balancing influence. When a person feels better, he or she naturally does better. Therapeutic massage is not only the answer to "my aching back," it can change a person's life for the better.

Softball standings

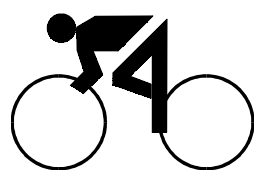
(As of Tuesday)

<u>National League</u>	<u>W</u>	<u>L</u>
47 MDG	6	1
47 CES	5	1
LCSAM	4	3
47 SPTG	3	3
EAST	2	4
47 SFS	1	6

<u>American League</u>	<u>W</u>	<u>L</u>
87 FTS	6	1
LSI	5	3
47 OSS	4	3
86 FTS	1	6
84/85 FTS	0	6

Golf standings

<u>Team</u>	<u>Points</u>
SIMS OPS	37.5
OSS	33.5
CES	27.5
LCSAM	20
LSI #1	20
87 FTS	18.5
MED GP	15.5
47 FTW	15
47 SFS	13
LSI #2	2.5



**Sports
Safety**

—

**Play it
Safe**

